



5-Day Devotional

"Tiffany Mares, Via Love International"

Isaiah 61:1-11 NIV

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Day 1: Beauty from Ashes

Isaiah 61:1-3 NIV

Today, let's reflect on what it means to experience healing and restoration in our own lives, as Tiffany shared about in her message. In Isaiah 61, we see a beautiful promise: God desires to turn our mourning into dancing, to exchange our despair for praise. When we acknowledge our pain and shortcomings, we create space for God to work. It's like when the sun breaks through the clouds after a storm; it brings a sense of renewal and hope. Have there been times when you felt stuck in sorrow or disappointment? What would it look like for you to trust God with those feelings today? Remember, the promise is not just for those in churches or for those who have it all together—God's heart is for everyone, especially those marginalized and hopeless. Just as Tiffany is tirelessly serving in Honduras, we are called to reflect that same love and commitment in our environments, wherever we find ourselves. Let's be on the lookout for ways God might be inviting us to partner in His restorative work today.

REFLECTION

How can recognizing God's heart for restoration change the way you view your current struggles?

APPLICATION

Take a moment today to write down one area in your life where you feel hopeless. Bring that before God and ask Him to help you see the possibilities for beauty and life in that situation.

PRAYER

"Lord, thank You for your promise to bring beauty from ashes. Help me to trust You with my struggles and see the ways You are working in my life. Amen."

2

Day 2: Filling Hearts with Love

1 John 3:1 NIV

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On this Tuesday, let's take a closer look at the idea of love—specifically, how God fiercely loves us. Tiffany spoke about how love transforms lives—just like Dowy and Anthony learned they are valued and loved despite their past. 1 John 3:1 declares, "See what great love the Father has lavished on us, that we should be called children of God!" Take a moment to let that sink in: you are cherished and called a child of God. When we truly understand and embrace this love, our own hearts begin to overflow, and we can't help but share it with others. Love is both received and given. Think of a time when you felt deep love—how did it change you? Today, recognize that relationship. Consider the profound truth that we are meant to reflect God's love in a world that desperately needs it, just like the kids Tiffany serves.

REFLECTION

Who in your life needs to experience God's love today?

APPLICATION

Reach out to someone who may be feeling forgotten or neglected. It could be a simple text, a call, or even dropping off a little note of encouragement.

PRAYER

"Father, thank You for loving me beyond measure. Help me recognize and share this love with others—show me how to reflect Your heart today. Amen."

3**Day 3: Facing Our Fears**

2 Timothy 1:7 NIV

In our walk of faith, there will always be hurdles and fears that seek to hold us back. Today, we face the reality that taking steps toward love and restoration can feel daunting. As Tiffany shared about the skepticism she encountered in Honduras, each of us can find our own barriers—whether fear of rejection, doubt, or past failures. 2 Timothy 1:7 reminds us: "For God has not given us a spirit of fear, but of power and of love and of a sound mind." When you feel the weight of fear pressing down, remind yourself of this truth. God equips us with strength to rise above those fears. Is there something you feel God has been nudging you towards, but fear has held you back? Reflect on that today. What's stopping you from taking that leap of faith?

REFLECTION

What is one fear that has been holding you back from moving forward in faith?

APPLICATION

Write down that fear and next to it, jot down a small step you can take to confront it this week. Commit to moving forward despite that fear.

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PRAYER

"Lord, give me courage to face my fears. Remind me that You've equipped me with power through Your Spirit. Help me to step boldly into the life You've called me to. Amen."

4

Day 4: Living Love Daily

Matthew 5:14-16 NIV

As we reach midway through our week, let's talk about making a tangible impact. Tiffany's work through Via Love International shows us how she actively lives out the love of Christ in practical ways. In Matthew 5:14-16, we are reminded that we are the light of the world. Our actions, however small, can shine brightly in dark places. Just like sunlight transforms a barren landscape into greenery, your love can bring life to those around you. Consider the opportunities in your daily routine: Who needs a listening ear? Is there someone lonely waiting for an invite? Just as Tiffany poured into the children's lives in Honduras, you can influence those in your sphere of life by showing love through actions. Think of one area in your community or workplace where you can shine today.

REFLECTION

What's one small way you can shine your light this week?

APPLICATION

Find a way today to actively show kindness to someone—bring them coffee, help with a task, or just ask how they are doing. Actions matter.

PRAYER

"God, help me be a light in my world. Show me the opportunities I might miss to love others, just the way You love me. Amen."

5

Day 5: Commissioned to Go

Isaiah 61:4 NIV

As we wrap up the week, let's focus on our calling to take action. Just as Tiffany is on a mission to transform lives in Honduras, we are also commissioned to share love and bring hope in our contexts. Isaiah 61:4 speaks of rebuilding and restoring; it's not just a prophetic message—it's a call to each of us. Think about your daily interactions. How can you be an agent of change in your workplace, your home, or your community? This weekend, carry with you the mission of restoration and hope. Every encounter is an opportunity to show God's heart more vividly. It might feel overwhelming, but remember, you don't have to change the whole world at once; change starts with one interaction at a time. Be intentional in your approach, and let this week's messages resonate as you

weekend, carry with you the mission of restoration and hope. Every encounter is an opportunity to show God's heart more vividly. It might feel overwhelming, but remember, you don't have to change the whole world at once; change starts with one interaction at a time. Be intentional in your approach, and let this week's messages resonate as you step into the weekend with confidence and purpose.

REFLECTION

What does it look like for you to be an agent of change in your environment?

APPLICATION

Commit to one act of kindness or restoration this weekend that aligns with God's heart for others. Write it down to hold yourself accountable.

PRAYER

"Heavenly Father, empower me to take action in the places you've called me. Let my life reflect Your love and restoration this weekend. I trust in Your guidance, amen."