



every next step is available at our hub
www.mydestiny.me

Prayer Requests

Giving

Connect Groups

Events

UPCOMING EVENTS

WORSHIP AND WAIT — JANUARY 5, 6:30 pm

A special night of worship where we also reserve a significant amount of time listening for God to speak into the New Year, both corporately and personally.

PRACTICING THE PRESENCE OF GOD WORKSHOP — Fri and Sat, January 7 and 8

This workshop is focused on increasing intimacy with the Lord. In it, you will discuss ways to become more aware of God's presence with us and have a variety of opportunities to encounter Him at a deeper level. This free workshop is sponsored by Black Hills School of Supernatural Ministry and will include time soaking in God's presence. Participants are encouraged to bring journals and Bibles for use during intimacy exercises and pillows or blankets for comfort during soaking sessions. To register or for more information, call or text BHSSM at 605-431-5164.

FOURSQUARE 21 DAYS OF OF PRAYER + FASTING — January 10 to 30

Mark your calendar for 21 Days of Prayer + Fasting with the global Foursquare family and Destiny Foursquare Church. Enjoy daily scriptures and prayer points, and a brand new booklet for kids/families with a coloring page and crafts. Don't miss this! Head to FoursquarePrayer.org to sign up.

MEN OF DESTINY EVENTS

BREAKFAST FUNDRAISER — Saturday, January 15 at 9:00 a.m.

Join the men for a homemade men's breakfast cooked by Pastor Lyle and Matt. The cost is \$12 per person. Build your own breakfast burrito and fellowship! We will have a time of prayer afterward. This is to help fund future Men Of Destiny endeavors.

PIZZA AND A SHOW — Thursday, January 27 at 6:00 p.m.

Free event! The men will be watching two episodes of "The Chosen" series. Pizza will be provided, however, donations are appreciated. Please message Matt Davis (605-391-1990 or mdav51@protonmail.com) if interested, to help us quantify how much pizza needs to be ordered. There will be a 15-minute open discussion following the episodes.

MESSAGE NOTES

1.2.22 | DON'T WASTE YOUR LIFE, Part 1: Your Health

REACH YOUR POTENTIAL

- All of our lives have an _____ date on them.
BOOK RECOMMENDATION: "Don't Waste Your Life" by John Piper

Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. **Ephesians 5:1-2 ESV**

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery [dissipation], but be filled with the Spirit... **Ephesians 5:15-18 ESV**

DON'T WASTE YOUR _____

1. Commit to _____ well the life that God has given us.

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body. **1 Corinthians 6:18-20 ESV**

2. Take serious the approach to the steps it will take to _____ our destination.

- "_____, not intention, determines destination." — **Andy Stanley**
BOOK RECOMMENDATION: "The Principle of the Path" by Andy Stanley

- Take _____ seriously.

3. _____ our healthy choices to God's glory in and through our lives.

- *Dissipation* means that something is a waste. Therefore, the idea is: don't _____ your life!
- You don't waste your health by making the necessary choices to _____ your influence for Christ.

A FEW PRACTICAL QUESTIONS. DO YOU NEED TO:

- a) Lose _____? c) See a _____? e) _____
b) _____ more? d) Seek better _____? _____

4. Connect _____ power with lifestyle choices.

MIND, BODY, AND SPIRIT

- There is a _____ between mind, body, and spirit.

Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. **1 Thessalonians 5:23 ESV**
